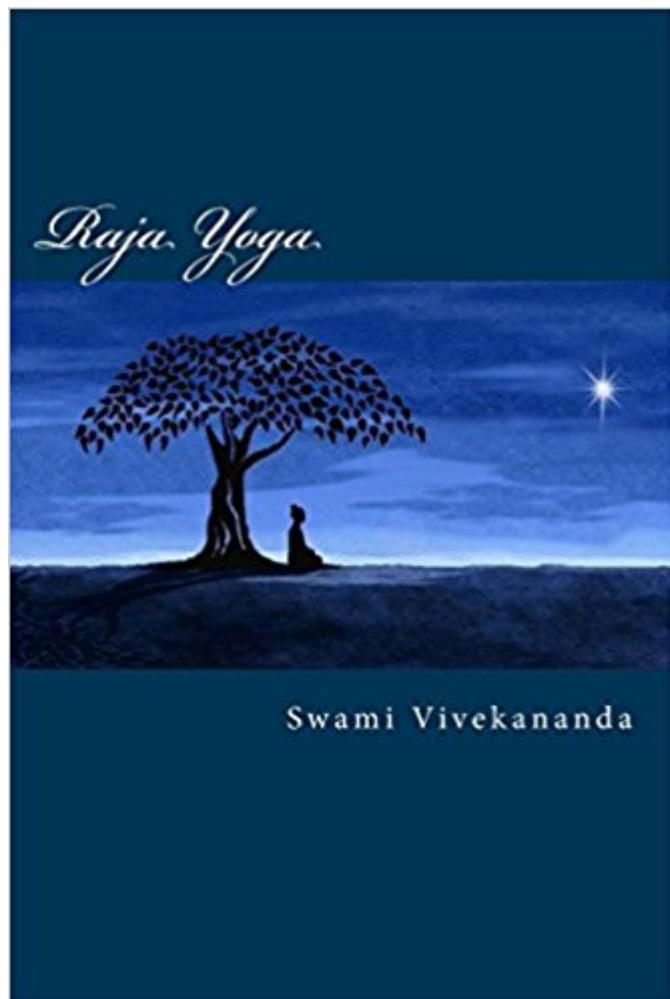


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# Raja Yoga



## **Synopsis**

Raja Yoga is a book by Swami Vivekananda about the path of Raja Yoga. It is one of the most well-known books by Vivekananda, who also wrote books on Karma Yoga, Bhakti Yoga and Jnana Yoga. According to him, the goal of Raja Yoga is how to concentrate the mind, how to discover the innermost recesses of our own mind and how to generalise their contents and form our own conclusions from them. In order to obtain the goal, practice is absolutely necessary.

## **Book Information**

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## **Customer Reviews**

His whole life and teaching inspired my generation . . . . he brought his great spirituality to bear upon his patriotism and thus his message was not confined to India only, but was for the whole world. I pay my homage to his memory. -- Jawaharlal Nehru My homage and respect to the very revered memory of Swami Vivekananda . . . . after having gone through [his works], the love that I had for my country became a thousandfold. -- Mahatma Gandhi The man [Vivekananda] is simply a wonder for oratorical power . . . the Swami is an honor to humanity. -- William James This book brings together the main teachings of Swami Vivekananda in an easily accessible and readable form. I hope that in these days of uncertainty and confusion of mind Vivekananda's teachings may prove an enlightenment to many troubled souls. -- S. Radhakrishnan, author, philosopher, and former Vice-president of the Indian Republic To convey Hindu meanings in English words is exceedingly difficult. The difficulty arises from the fact that the reader inevitably reads modern western, rather than ancient Hindu, meanings into the English words. The problem of any expositor or translator,

therefore, is that of so wording the English translation of the Hindu doctrines that the Western philosophical or psychological meanings of the English words will not be introduced to the reader. -- F.S.C. Northrop, Yale University[Vivekananda is] one of the very greatest historical figures that India has ever produced. When one sees the full range of his mind, one is astounded. --Christopher Isherwood, author --This text refers to an out of print or unavailable edition of this title.

Swami Vivekananda, India's first spiritual and cultural ambassador to the West, came to represent the religions of India at the World Parliament of Religions, held at Chicago in connection with the World's Fair (Columbian Exposition) of 1893. His message of the unity of humankind and harmony of religions was embraced by the public and press of the time as representing the essence of the Parliament. The Swami wished to create a bridge between the East and the West by bringing to America the gift of India's ancient spirituality, in exchange for the scientific and industrial outlook of the West. After four years of traveling and teaching in America and Europe, the Swami returned to India, where he is revered as a "Patriot Saint." The government of India has declared his birthday a national holiday. In 1976 on the occasion of the American Bicentennial, Swami Vivekananda was honored by the Smithsonian Institution's National Portrait Gallery as one who came to America from abroad during the past 200 years and made a significant impact on its spiritual development. Upon his return to India, Swami Vivekananda founded The Ramakrishna Order of India in the name of his teacher, Sri Ramakrishna, who is regarded as the Prophet of Harmony of Religions. The Order is the pre-eminent religious organization of modern India. More than 1000 monks of the Order serve throughout the world. While in the West the work is mainly in the form of conducting worship, teaching, writing and lecturing, in India the Order is widely known for its vast charitable activities -- running hospitals and schools, rural uplift, and extensive relief work in times of emergency. The Swamis of the Order work tirelessly in the spirit of "Service of God in Man," regarding the service of all people as a veritable form of worship. The Centers of the Order in America, often referred to by such names as Ramakrishna or Vivekananda Centers, or Vedanta Societies, were first organized by Swami Vivekananda for the propagation of the Swami's teachings. Today there are Centers in many of America's major cities, including New York, Boston, Providence, Chicago, St. Louis, Seattle, Portland, San Francisco, Berkeley, Sacramento, and Hollywood. Because of their belief in the underlying truth of all religions, the Centers of the Ramakrishna Order are at the forefront of the Interfaith Movement. (Publisher's comments written by Swami Adiswarananda, Spiritual Leader, Ramakrishna-Vivekananda Center of New York). --This text refers to an out of print or unavailable edition of this title.

Greatest book on Yoga- swamiji has written this book more than hundred years before , But even now there is no book on this topic which can even be compared with this. Being a vedantin he has treated the sujект matter almost interms of not only " Yoga" but really in terms of " Yoga Vedanta " .The translation of each sanskrat sutra in english and swamiji's commentary on that is superb. A must book for serious yoga reader.

Titanic works by one of the original and purest souls to leave India to bring the message of yoga and self-realization through self-effort to the world. Wisdom and a practical vision of soul exploration and discovery on every page. A must-have book for seekers.

Great Book which everyone should read to get a different perspective on life and your spiritual life too.

As a student of many different philosophies, I have found Raja-Yoga to be one of the most thought-provoking and ingenious approaches to the merging of scientific principles, research, and repetition to a very esoteric practice. I, for one, have found great joy in this book. It takes a while to read it even though it be only a few hundred pages. One may find, as I did, that each page deserves to be carefully plucked and examined before going to the next one.

Very interesting indeed. I teach yoga, I live yoga... and this book is fascinating. Toward the end it gets a little beyond me esoterically, but in the begining, when he discusses Patanjali's Yamas and Niyamas I'm right their with him. I have it on my kindle for bus-time reading.

All the new age writings and teachings do is restate his writings making a platform to make money. VIVEKANANDA'S thoughts are timeless and free to all seekers.

This book is fantastic. As a peek into Vedanta philosophy it is flawless and essential. This book is necessarily religious and mystical but at the same time strongly discourages credulity and leaving your brain at the door. Great reading as a fundamental yoga text alone. However this book is meant to be applied, not just enjoyed. Practice Raja-yoga in full or incorporate it into your occult or yogic mystic practice and see the results for yourself!

What a brilliant mind. In the ancient sense of the word which included heart-mind. However what he means by the word "personality" in part 2, is not what we think of as outward personality today - persona, but the developed inner personality - charisma where the heart, mind, and will have become one integrated whole in action. All seekers should read this short but compact document.

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